

Neurodevelopmental Behavioural Support - NBS

AUTISM & ADHD

Parent/Carer Support Group 2023 - 2024

A safe space to discuss your child's or family's needs regarding behaviours that are indicative of Autism and/or ADHD. A chance to feel less isolated with an opportunity to meet other parents/carers with similar experiences.

What to expect if you come to the group for the first time:

Firstly, we recommend you attend the start of the session. So that you are provided with an introduction to the session.

Experienced staff from the Neurodevelopmental Behavioural Support team are on hand to offer guidance, support, useful strategies, information, and answer questions.

The group is centred around group discussion, however if you wish to speak to a member of the team 1-1, we will always endeavour to do our best to accommodate this.

Due to the organisation of the group, it may not be ideal to bring children. This will enable you to participate in the discussions with parents and our practitioner.

(Unfortunately, we cannot offer supervision and we need to consider the confidentiality of other families).

No booking or Diagnosis Required.

Occasionally due to circumstances we cannot control dates and times may change, or groups may be cancelled.

For updated **DATES ONLY** email - FamilyServiceNBSDropInGroup@nottsc.gov.uk

or go to nottshelpyourself.org.uk and search **NBS Support Group**

For general NBS enquiries **Email** - family servicenbs@nottsc.gov.uk

NBS AUTISM & ADHD Parent/Carer Support Group 2023 - 2024

Daybrook Medical Practice, Salop St, Daybrook, NG5 6HP

Tuesdays 09:30-11:30

19th September, 10th October,
14th November, 12th December,
16th January, 20th February,
12th March, 14th May,
11th June

Chilwell Children's Centre, Great Hoggett Dr, Chilwell, NG9 4HQ

Tuesdays 09.30-11.30

17th October, 21st November,
23rd January, 27th February,
19th March, 23rd April,
21st May,
18th June

Bingham Children's Centre, Eaton Place, Bingham, NG13 8BE

Wednesdays 13:00-15:00

13th September, 8th November,
10th January, 6th March,

Cotgrave Candleby Lane School, Candleby Ln, Cotgrave, NG12 3JG

Wednesday 13:00-15:00

4th October, 6th December,
7th February, 16th April,
5th June

Kirkby East Children's Centre, The Summit Centre, NG17 7LL

Wednesdays 09:30-11:30

27th September, 22nd November,
24th January, 20th March,
22nd May

Butler's Hill & Broomhill Children's Centre, Broomhill Rd, Hucknall NG15 6AJ

Wednesdays 09.30-11.30

18th October, 13th December,
28th February, 24th April, 19th June

Hawtonville Children's Centre, Bowbridge Rd, Newark, NG24 4EG

Tuesdays 13:00-15:00

12th Sept, 3rd Oct, 7th Nov, 5th Dec

Thursdays 9.30-11.30

11th January, 8th February,
7th March, 9th May,
6th June

Mansfield Woodhouse Children's Centre, Swan Lane, NG19 8BT

Thursdays 09:30-11:30

14th September, 12th October,
16th November, 14th December,
18th January, 22nd February,
14th March, 18th April,
16th May, 13th June

